



For Immediate Release

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Florida Medical Directors Association Congratulates Dr. Naushira Pandya on her election as Vice-President of AMDA
- Elections were held at the recent AMDA Annual Meeting in Washington D.C.

West Palm Beach, Fla. -- Florida Medical Directors Association (FMDA) is very excited to announce that FMDA director and long-time member, Naushira Pandya, MD, CMD has been elected as vice-president of AMDA – Dedicated to Long-Term Care Medicine during its annual meeting, March 22-25 in Washington D.C.. Dr. Pandya has been a leader in the field of geriatrics and long-term care medicine for more than 20 years, and is certainly worthy of this prestigious position. As vice-president of AMDA, she will serve on the executive committee along with the president, immediate past-president, and executive director.

Dr. Pandya has been an active member and advocate of AMDA since 1999, and became a certified medical director in 2003. She is the past chair of the American Medical Director's Clinical Practice Guideline Steering Committee, a position she held for five years, and past chair of the Clinical Practice Committee. She was elected as one of the AMDA Board State President's Council representatives in 2011. Additionally, she has been instrumental in writing clinical practice guidelines on the Management of Diabetes in the Long-term Setting, Osteoporosis, Falls, and the Pharmacological Treatment Guideline for Depression. She is a regular contributor to the AMDA annual meeting, a frequent speaker at national and international meetings, and has trained many practitioners to implement AMDA's clinical practice guidelines. Dr. Pandya has helped to forge international alliances between AMDA and Central Europe through the European Expertise in Long-term Care Association (ELTCA).

Additionally, Dr. Pandya is a professor and the chair of the Department of Geriatrics at Nova Southeastern College of Osteopathic Medicine in Ft. Lauderdale, FL., and the Principal Investigator and Project Director of the federally-funded Geriatrics Education Center. She is the medical director of Covenant Village, a CCRC, and of Avante at Boca, a 120-bed teaching facility with a ventilator unit. In addition to overseeing the Nova's geriatrics fellowship program, she trains medical students and residents, and is the course director for the geriatrics and endocrinology courses.

She has also done extensive work with FMDA, as a member of the board of directors, chair of the Careers in Long-Term Care & Poster Review Committee, and as a speaker during the annual conference.

FMDA president Dr. John Symeonides is aware of how valuable Dr. Pandya is to the field of long-term care medicine and geriatrics, and also to the associations in which she gives her valuable time.

“We are very lucky to have such a dedicated physician as Dr. Pandya, practicing in our field of medicine,” said Dr. Symeonides. “It is important to encourage younger physicians and health care providers that practicing in the field of geriatrics can be quite rewarding, and Dr. Pandya is a champion of that cause.”

Dr. Pandya earned her medical degree at the University of London in London, England, where she completed her internship in medicine and surgery and trained as a senior house officer in hematology and emergency medicine. In the United States, she completed her Internal Medicine residency in Phoenix, and concurrent fellowships in Geriatrics and Endocrinology at the University of Michigan, Ann Arbor. She is board-certified in Internal Medicine, Geriatrics, and Endocrinology.

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Florida Medical Directors Association, Inc. represents nearly 250 medical directors, attending physicians, physician assistants, and advanced registered nurse practitioners in Florida’s postacute care continuum including subacute care, hospice, skilled nursing, and assisted living facilities, as well as in continuing care retirement communities. The mission of FMDA is to promote the highest quality care as patients’ transition through the long term care continuum. FMDA is dedicated to providing leadership, professional education and advocacy for the inter-professional team.

FMDA is the official state chapter of AMDA and a Specialty Society of the Florida Medical Association. It is based in West Palm Beach, Florida.

AMDA – Dedicated to Long-Term Care Medicine American: AMDA is the professional association of medical directors, attending physicians, and others practicing in the long-term care continuum, dedicated to excellence in patient care and provides education, advocacy, information, and professional development to promote the delivery of quality long-term care medicine.