Post-Acute Situation Background Assessment Recommendation (SBAR) for Sepsis

Systemic Inflammatory Response Syndrome (SIRS)

Sepsis = two or more SIRS criteria and suspected or documented infection

Communicate immediately with attending provider when a patient screens positive for sepsis

Situation:

1. _____________ has met two or more of the following SIRS criteria (circle only those that apply) and has a confirmed or suspected source of infection.
   - Temperature greater than 38°C (100.4°F) or less than 36°C (96.8°F)
   - Heart rate greater than 90 beats per minute
   - Respiratory rate greater than 20 breaths per minute
   - White blood cell count (WBC) is greater than 12,000; less than 4,000 or greater than 10 percent bands

Background:

1. Patient was admitted with ______________________ and now has two or more positive SIRS criteria (see above).
2. Suspected source of infection (circle those that apply):
   - Recent surgery, trauma, or open wound(s) ______________
   - Respiratory symptoms (i.e., productive cough, abnormal chest x-ray, decrease in pulse oximetry reading (Sa02) ______________
   - Central line or dialysis catheter______________
   - Urinary tract infection, recent use of a Foley catheter ________________
   - Unusual gastrointestinal (GI) symptoms ________________
   - Other symptoms of infection ________________

Assessment:

1. Is patient hypotensive________ (systolic blood pressure 100 mm Hg or less)
2. Patients mental status is: Normal/Abnormal (compared to baseline)
3. Most recent weight is: __________
4. Pulse oximetry reading (Sa02) is now __________. Previous reading __________
5. Urine output is _________mL per hour or __________ over the last 8 hours

Recommendations:

1. Based on positive screening criteria notify attending provider.
2. Obtain orders for lactate level and blood cultures if possible, but administer broad spectrum antibiotic(s) and 30mL/kg crystalloid fluid with rapid infusion even if blood work not done.
3. Consider transfer to an acute care facility based on patient presentation, availability of resources, and response to interventions.

References:


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